

# The Medi-Body Pack™

## Therapeutic-Grade Clay and Moor Mud Packs

Applied externally to draw out deeply embedded toxins, including heavy metals (mercury), dioxin, petrochemicals, aniline residues (from injected anesthetics) and more

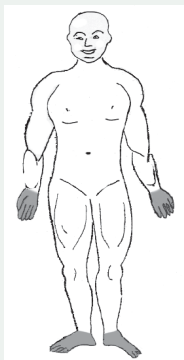


### The Medi-Body Pack™

- Grade 10 therapeutic packs with clay, peat magma and shilajit; used for thousands of years in many cultures
- Helps increase circulation, boosts immune system, eases muscle tension, rejuvenates cells\*
- Helps rapidly clear whole body burden of toxic bioaccumulation to return to ideal cellular resonance
- Initiates the "thermal effect"; an increased, deep intrinsic cellular cleansing effect
- 100% Premier Quality ingredients: *No oxidized peat, no weak or toxic clays, no irradiated/pesticided herbs*

### The Spectacular of Spectacular Results

- **Easy to apply, very safe**
- **Wholesale Toxin Release:** can eliminate up to 50% of the local bioaccumulation of toxic elements in a single application
- **Quick resolution** of many aches and pains; i.e. hand pain, frozen shoulder, hip problems, foot neuralgia, etc.
- **Drainage.** Apply the Pack to the problem area but also include the drainage areas (i.e. For a neck problem, apply the Medi-Pack to neck area and shoulder area)
- **Scar Therapy:** excellent for resolution of scar interference fields
- **Organ/Gland Detox:** apply externally to organ and gland areas

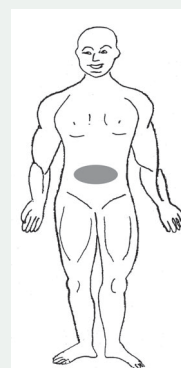


**Medi-Body Packs™**  
The Four Download Sites (hands and feet) are treated first to open up the major areas of the body

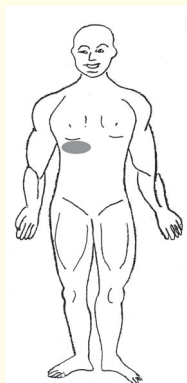
### Step into the realm of Quantum Detox

#### Get Great Results with every patient

- A key overlooked factor in literally every disease: hidden, deep-seated toxicity in the ground substance of the body (i.e. the external meridians and connective tissue) which prevents normal nerve and "chi" flow. These embedded toxins can mean years of delayed healing – or none at all.
- But how do you quickly eliminate years of these hidden toxins? Do what the ancients did: Therapeutic Clay and Ionized Mineral Packs



**Medi-Body Packs™**  
An example of a C-section scar treated with a Medi-Body Pack™



**Medi-Body Packs™**  
A Medi-Body Pack™ applied over the liver area (a key detox organ)

"In my opinion, the main reason the magnificent body detox therapies of the past using clay and moor mud are so little used today is the lack of therapeutic-grade ingredients (i.e. some clays are even toxic).

With the Medi-Body Pack™, doctors can finally offer their patients deep-seated, whole body cleansing of the ground substance of the entire body. After using these with hundreds of patients, my wake-up call was that the meridian channels and connective tissue are routinely saturated with toxic "bio-garbage" which commonly prevents the full return to health. This embedded toxicity is often little affected by oral supplements."

-- Robert J. Marshall, PhD, CCN, Owner/practitioner of large chronic illness practice

"In a single application of a Medi-Body Pack™ to my left TMJ, all symptoms cleared (after years of therapies). I've seen many others with similar spectacular "overnight" results. What a great concept! Deep local cellular cleansing with mud packs to draw out "stuck" toxics. Definitely one of the most overlooked therapies today."

— L.L. Forbes, OMD, DC Round Rock, TX

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

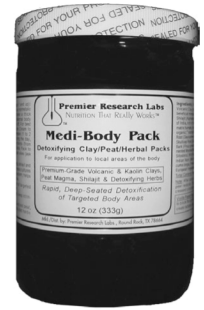
# Medi-Body Pack™

## Therapeutic Clay/Herbal Packs

For application to local areas of the body

Grade 10 Volcanic and Kaolin Clays,  
Peat Magma, Indian Shilajit & Detoxifying Herbs

*Rapid Deep-Seated Detoxification of Selected Body Areas*



- Grade 10 therapeutic packs with unheated volcanic clay, peat magma and Indian shilajit; premier detoxification agents used for thousands of years in many cultures
- Helps increase circulation, boosts immune system, eases muscle tension, rejuvenates cells\*
- Helps rapidly clear whole body burden of toxic bioaccumulation to return to ideal cellular resonance
- Initiates the “thermal effect”; an increased, deep intrinsic cellular cleansing effect
- 100% premier, quantum-state ingredients: *No oxidized peat, no weak or toxic clays, no irradiated/pesticided herbs*

### Recommended Use

Adults or children (age 4 and up):

A. Preparation. Mix 2 tablespoons of **Medi-Body Pack™ powder** and 1 Vcap of **Q. Betaine HCL** (open capsule and pour out contents) with approximately 2 teaspoons of **Heavy Metal Nano-Detox™** and to make a thick “mud” paste. Mix well in a nonmetallic container (such as glass or plastic) with a nonmetallic spoon. Let set for 5 minutes before use.

B. Application. Select a target area to treat (such as a scar area or a hip injury from a previous fall). Mentally divide the selected target area into smaller areas, each about the size of a silver dollar. Apply only enough mud to thinly cover the first silver-dollar size area. Rub the mud into the area vigorously for about 3 seconds. Next, repeat this process on the 2nd silver-dollar size area, etc. until you have treated all of the smaller areas of the entire target area. (Do only one target area at a time.) The Pack may be done inside or (preferably) outside.

C. Wash Off. Next, wash mud off all areas. (You may use a wash cloth with a few drops of **Premier Liquid Soap** and water.) Do not re-use the mud as it will have absorbed toxic impurities during the treatment time.

D. Go Outside. Go outdoors for 5 minutes (or longer) to absorb beneficial solar radiation (*not just sunlight*) to nourish and re-set your body’s biofield. You may go outside day or night. The packs are best done before 7 pm.

For best results, follow with a **Medi-Blast Foot Bath** using the **Medi-Body Bath™** powder (*ask for instructions*). This helps to gently pull out toxins released internally in the entire body after using the **Medi-Body Pack™**.

Optional but highly recommended: After your detox session, apply **Premier DNA Repair Cream** to the area and take **Quantum Adaptogen™ Complex** (1 to 2 capsules).

### Medi-Body Pack™

#### Premier, Quantum-State Ingredients

“Beyond Organic”, Synergistic, Proprietary Blend:

Therapeutic-grade, unheated, rare Volcanic Clay (rhyolitic tuff breccia, rich in naturally occurring, beneficial minerals and rare earths), unheated Kaolin Clay, Indian Shilajit (*Asphaltum*) [a mineral resin from high mountainous areas of India, rich in fulvic and humic acids], Peat Magma (a carbon-matrix humate, rich in natural humic and fulvic acids)

“Beyond Organic,” Synergistic, Nonhybrid Botanical Agents:

South American Saussurea (root) (*Saussurea lappa*), European Bilberry (berry) (*Vaccinium myrtillus*), Skullcap Root (*Scutellaria lat.*), Garcinia Cambogia (fruit), French Maritime Pine Bark (*Pinus pinaster*), Indian Cardamon (seed) (*Electaria cardamomum*), Chinese Fermented Mycelial Maitake Extract (*Grifola frondosa*), European Beta Sitosterol, Wild Grown Blue-Green Algae (whole) (*Aphanizomenon flos-aquae*), Grade A Japanese Chlorella (whole) (*Chlorella pyrenoidosa*), Grade 10 Indian Noni (mature fruit and seed) (*Morinda citrifolia*), Grade 10 Indian Turmeric (rhizome) (*Curcuma longa*), Primary-Grown Saccharomyces Cerevisiae, Nonhybrid European Vegetable Extracts of Alfalfa, Beet and Tomato.

Total Contents: Approximately 2 1/4 cups

Note: After using a **Medi-Body Pack™**, the skin area may sometimes appear reddish, a beneficial phenomenon called the “Thermal Effect.” This temporary flushing effect is due to increased circulation and will subside after 30 to 60 minutes.

Rev. 7/23/05

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# Medi-Body Pack™: Instructions For Home Use

## Sequence to Apply Medi-Body Packs™

1. **Clear your 4 Download Areas First.** Before applying the **Medi-Body Pack™** “mud” to any target area, all 4 Download Areas must first test strong. (See “Four Download Areas” Chart.) If all 4 Download Areas test strong, then proceed to step 2. If any of the 4 Download areas test weak, then they must be detoxified (and thus strengthened) **first** before proceeding. Otherwise, if any of these important detoxification pathways test weak, then the results for other areas may be compromised. To clear these areas, apply a **Medi-Body Pack™** to each of the 4 areas individually, one at a time (on whichever of the 4 areas test weak). If you are unsure whether or not your 4 Download Areas test strong, then clear them anyway, one by one, by using the **Medi-Body Packs™**.
2. **Clear the 3 Detox Organs Next** (Kidneys, Liver and Large Intestine Areas). After all 4 Download areas test strong, the 3 Detox Organs must test strong. To clear these areas, apply a **Medi-Body Pack™** to each area individually, one at a time, to any of the areas that test weak.
3. **Select an Interference Field.** After all 4 Download Areas and your 3 Detox Organs (the Kidneys, Liver, and Large Intestines) test strong, select an interference field area that you want to detoxify (such as a C-section scar or a hip injury from a previous fall) but an area not larger than about 1 inch by 3 inches (about the size of the palm of your hand). Some scars or trauma areas are too large to treat in one application to get the best results. For a long scar or large injury area, you will need to break up the area into several smaller areas and treat each area separately.

## How to Use the Medi-Body Pack™

1. **Preparation.** Mix 2 tablespoons of **Medi-Body Pack™** powder and 1 Vcap of **Quantum Betaine HCL** (open capsule and pour out contents) with approximately 2 teaspoons of **Heavy Metal Nano-Detox™** (or other selected fluid) to make a thick, pudding-like “mud” paste. Mix well in a nonmetallic container (such as glass or plastic) with a nonmetallic spoon (such as Lexan or plastic). (Do not use metal utensils.) Let the mixture set (covered) for 5 minutes before use.

2. **Select Target Area.** Select an appropriate target area to treat. (See proper sequence above.)

3. **Application.** Mentally divide the selected target area into smaller areas, each about the size of a silver dollar. Apply only enough mud to thinly cover the first silver-dollar size area. Rub the mud into the area vigorously for about 3 seconds. Next, repeat this process on the 2nd silver-dollar size area, etc. until you have treated all of the smaller areas of the entire target area. (Do only one target area at a time.) The Pack may be done inside or (preferably) outside.

**Polarity:** The human body is a highly polarized, bio-energetically dynamic organism. Therefore, the position during treatment is important. For best results, face east or north while sitting on the chair during your detox session. Facing west is marginally acceptable. Avoid facing south. If you are lying down during your detox session, the top of your head should point preferably toward east (to be in harmony with the earth’s natural electromagnetic field). In addition, avoid sitting or lying down within one foot of any wall because the toxic electromagnetic signature of AC current (alternating current) typically extends out about a foot from walls in the average home or building in the U.S.

4. **Wash Off Pack.** Next, wash the mud off all areas. (You may use a wash cloth with a few drops of **Premier Liquid Soap** and water.) Do not re-use the mud as it will have absorbed toxic impurities during the treatment time.

5. **Go Outside For 5 Minutes.** After your session, go outside for about 5 minutes (or longer) to receive broad-spectrum solar radiation (even in the evening). This beneficial radiation helps to stabilize, nourish and strengthen the meridians that have just been detoxified. **Note:** sunlight is only about 1% of the total frequencies of solar radiation; that’s why going outside in the evening or when the sun is not shining is still very beneficial. The mud packs are best done during daylight hours but at least before 7 pm.

**Cold Weather.** Even if it is very cold outside, it is important to go outside even for a few minutes after a detox session. Just be sure to bundle up and keep warm.

6. **Number of Medi-Body Packs™:** You may do up to 3 **Medi-Body Packs™** (i.e. 3 different target areas, one at a time) in one day. If you have been chronically ill or are very sensitive, then you may want to begin with one **Medi-Body Pack™** only per day or spread them out, such as doing 2 or 3 per week until you get stronger.

7. **Medi-Blast.** After doing a **Medi-Body Packs™** (or up to 3 packs), next do the **Medi-Blast**. This is a gentle, but deeply purifying foot bath that directly pulls out toxins that have been released from pathways in the whole body, including the 4 Download Areas and Detox Organs. Doing the **Medi-Blast is especially important after using the Medi-Body Pack™ to avoid other areas of the body from “jamming”**.

8. **Apply Premier DNA Repair Cream.** After doing the Medi-Blast, wait about 10 minutes, then massage a small amount of **Premier DNA Repair Cream** into the target site(s) to nourish and assist in stabilizing it further.

9. That was easy. You’re finished! Congratulations on your newly detoxified body areas! **Optional:** Wait 1/2 hour (or more), then do a **Castor Oil Pack** over your kidneys (low back area) or abdominal area for 30 minutes.

## The Medi-Body Pack: *Special Notes*

**Staining from the Medi-Body Pack™:** The **Medi-Body Pack™** contains 100% natural ingredients and will not stain the skin or hair. However, it may stain clothing or bedding. Therefore, it's best to **wear old clothes** when using the Packs.

**Choosing Target Sites:** Select a target area to be cleared. Frequently this is an interference field such as a scar (from surgery, accidents, vaccination scars, ear piercing, etc.) or an area of previous trauma (such as the back of the neck from a whiplash or a hip area from a previous fall, etc.) or select a weak organ or gland area (such as pancreas or lungs) or select a painful area. **Don't forget:** you must clear the Four Download Areas plus the Three Detox Organs areas (kidneys, liver, large intestines) ***first*** -- before going on to other target areas.

**Typical frequency of use:** Typically, you may treat up to 3 target areas per day using the **Medi-Body Pack™**. If you have been chronically ill or are very sensitive, you may want to begin by treating only 1 target per day or only 2 or 3 per week. Later, as your body becomes stronger, you may detox up to 3 target areas daily, until finally, all interference fields are cleared. However, it is **critical to follow the Medi-Body Pack™ with a Medi-Blast** to be sure that internally released toxins are cleared. (See **Medi-Blast** procedure - a very easy and quick treatment.)

**Typical amount of Medi-Body Pack used:** Usually 2 tablespoons of **Medi-Body Pack™** each target area with approximately 2 teaspoons of **Heavy Metal Nano-Detox™** (or other selected fluid).

**Typical area covered per session:** Use the **Medi-Body Pack™** on only one target area each session (an area about twice the size of the palm of your hand). If a scar is longer than about 6 inches, divide the scar into sections. Use the Pack on an area no longer than about 6 inches per session. If a target area (such as a hip area) is bigger than twice the size of the palm of your hand, divide the area into smaller areas and use the Pack on only one smaller area each session (an area no bigger than about twice the size of the palm of your hand).

Continue the Packs until all of the smaller areas of the target area test clear. If you use a Pack on too large of an area, it may result in a more superficial detoxification and thus, the need for more Packs. The goal is to deeply detoxify each area as much as possible -- so that it is permanently clear -- and then go on to the next area to accomplish the same thing, etc.

**Medi-Packs on the scalp area:** When the **Medi-Body Pack™** is used on the scalp area, you may rinse the Pack off using water and **Premier Shampoo**.

**Using the Packs outside.** When possible, use the Packs outside during sunlight hours over natural ground areas (such as grass or sand) for superior results. Doing detoxification treatments over natural ground allows the body to absorb and incorporate the full extent of the earth's natural frequencies to assist in deeper detoxification while supporting the body's own bioenergetic systems. When possible, sit on natural, nontoxic furniture during the Pack time (such as a wooden chair rather than a metal one - but don't forget: the "mud" can permanently stain wood or cloth).

**When is a target area clear?** Your practitioner will use QRA™ testing to determine when a target area has been permanently cleared (and thus tests strong with QRA™ testing).

**How many Packs are needed to clear a target area (such as an interference field)?** It varies per person, depending on the age and degree of severity of the interference field. When adequate, targeted nutritional support is provided during the detox process, it often takes only 1 to 3 treatments to clear a target area with the **Medi-Body Packs™**.

**Timing of the Packs.** It is best to use the Packs before 7 p.m. in the evening. After 7 p.m., the body begins to go into resting mode and detoxification is often more superficial.

**Quick Tip.** To protect the carpet from getting dirty after you use the **Medi-Body Pack™** on the bottom of your foot, place your foot into an old plastic bag to easily walk to the bathroom to wash off the Pack. Then just throw the bag away.